

EPP Holiday Coaster Workshop

By Dr. Deb Belcher–If you have questions,
feel free to call me at: (562) 221-4228 or email at: spnltp@gmail.com

Hexies by Hand–See handout (at workshop)

Supplies:

Light (optional)

If needed: Reading Glasses or magnifiers (optional)

Sewline or Fons & Porter glue pen + refill if you choose to glue baste

Sharp scissors

Optional: thread snips

Needle minder or small pin cushion

1 Clover Clip

Thimble

Small Iron

Thread–polyester works the best

10\$ Materials Fee includes: Enough for 2 mugrugs + access to all the supplies below:.

14 hexiforms per participant

Superior (“The Bottom Line” thread)

Invisifil thread

Needle threaders (hand stitching)

Other thread and larger needles if you choose to sew baste

If you wish to use your own fabric for your hexies, you need 2 ½ inch squares to cover the hexies, and enough fabric to cover the backing (Bosal or Batting)

Fabric Fat Quarters

Bosal or Batting

References:

EPP by hand

YouTube: Emma Jones Vintage Sewing Box Episode: Top Tips to Improve Your EPP Technique. (Hand sewing tutorials).

YouTube: The Last Homely House. (Kate Jackson—yes that's her name!) Episode: Catch up on my Liberty (fabric) Epp quilt project. (she has other episodes about EPP—all by hand)

EPP by machine:

YouTube: RnJOYnLife Episode: Prep For English Paper Piecing on Machine, also: Sewing EPP by Machine

YouTube: SewVeryEasy: Machine EPP table runner

Hexies by Machine—See handout at workshop

Supplies:

Sewing machine with a zig-zag stitch

Size 70 sewing needles (makes a less visible stitch)

Thread—if possible a thin thread like a 80 weight (optional, just doesn't show as much)

Snippers

Scissors

Glue pen—Fons & Porter, or Any brand of sewing glue pen

Information for everyone:

If you want to use your own fabric you can.

I will have mostly Christmas fabrics available for making hexies you can use and for covering the Bosal squares (6 ½ inches) or batting which firm up the back of these mugrugs.

I'll provide Ashmead Designs 1 inch (that's 1 inch per side) Hexifoam Hexies which are left in and NOT removed like the paper hexie forms. They give the hexie a little more "body". They can be sewn through, washed, etc. Bosal or batting can also be washed.

You will also get 2 squares of Bosal or batting (your choice) to use to sew the hexie flower (7 hexies sewn together) onto to make your Mug Rug.

You will also need fabric for the Bosal square, to cover it completely if you bring your own fabric then bring complementing fabric for the Bosal / Batting squares.

2 squares 7 ½ inches to cover the batting/Bosal squares.