



Appliqué Stitch Lab

Instructor: Linda Sullivan of Colourwerx
Full Day Workshop



Workshop Descriptive: Boost your appliqué IQ! Loaded with super practical tips and tricks, this workshop is a great class to learn or brush up on easy machine appliqué. While making the 'Splendor' appliqué wallhanging, students will learn a variety of different methods to prepare their shapes for raw edge and turned edge machine appliqué as well as perfect their own "unique appliqué stitch" during class. Along the way, they'll also learn how to use a variety of fun decorative stitches to texturize their appliqués and gain the confidence they need to appliqué the day away!

Materials List: (refer to page 2 - Stitch Lab Pattern Handout for Flower Shapes)

• Fabric Requirements:

1. **For Appliquéd Flower Petals: Choose 6 Different Colours - gather a variety of scraps totaling 3/4 yards or an assortment of 10" squares**
2. **Background: (4) 12 1/2" x 12 1/2" squares of neutral fabrics sewn together in a 4-patch to make a 24 1/2" square or (1) yard of a neutral coloured fabric cut to 24 1/2" x 24 1/2" square**
3. 1 yard Fusible Web (Heat n Bond Lite or Steam A Seam II Lite preferred)
4. 1-1/2 yards Sulky Totally Stable Iron On Tear Away Stabilizer (or comparable stabilizer for decorative stitching)
5. (6) Spools Aurifil Thread 100% Cotton 50wt Thread (or similar brand) that coordinate with your Flower Colours
6. Sharp to the Point Appliqué Scissors
7. Glue Stick
8. Bring (2) extra 10" x 10" scrap fabric squares and extra flower fabrics for testing.



You will also need these other sewing items to complete this project:

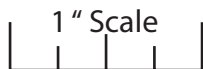
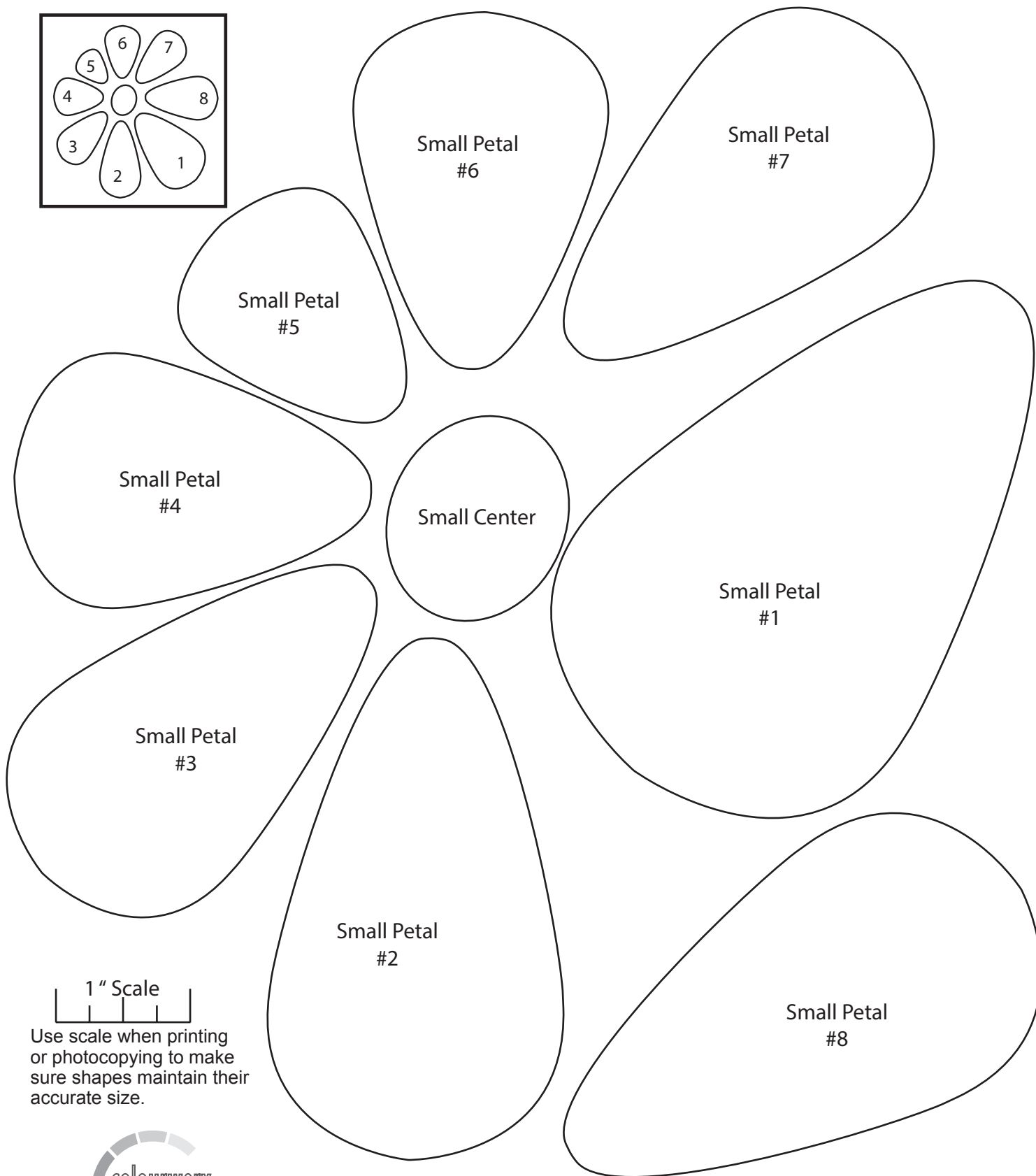
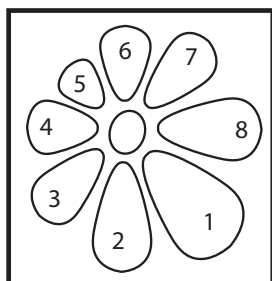
- Sewing Machine in good working condition - please bring your manual, cord, foot pedal and presser feet - machine needs to do a zigzag stitch and/or other decorative stitches for class
- Open Toe Appliqué Presser Foot (a must) for your sewing machine
- Basic Sewing Supplies such as: straight pins (long glasshead pins work best), scissors, marking pencil or pen; seam ripper, etc...

Before Class:

Please prepare the following before class:

1. Following the manufacturer's instructions on the fusible web - trace the "Splendor" flower shapes (6X) times on the paper side of the fusible web. **You will create (6) sets of shapes to make (6) flowers to complete the project** - If your prep time is limited, you can make less but you will need at least (4) sets of flowers for class.
2. Rough cut the drawn fusible web flower shapes out 1/4" beyond the drawn line (DO NOT CUT ON THE LINE) - then iron the shapes to the WRONG side of your flower fabrics. Next, carefully cut out these shapes directly on the drawn line. Again, create (6) sets of small flower shapes.
3. From your (6) Spools of thread - wind (1) bobbin for each of the 6 colors.

Appliqué Stitch Lab Pattern Shape: Following the manufacturer's instructions on the fusible web, trace the shapes onto the paper side of the fusible web. Rough cut all of the traced shapes out a 1/4" beyond your drawn line and iron to the wrong side of your flower fabrics and cut out. Make (7) sets of flowers - (6) from the colored flower fabrics and (1) set from your scrap test fabric.



Use scale when printing or photocopying to make sure shapes maintain their accurate size.

